Q) Does this new inhaler contain the same medication as my old inhaler?
Yes, Braltus® Zonda® contains the same active ingredient (tiotropium) as Spiriva® HandiHaler®.

Q) How will my new inhaler look and how should I use it?
The Zonda® inhaler is of a cylinder shape and light green in appearance. It will work in exactly the same way as your old inhaler. This means you should continue using the same inhalation technique and inhale the same dose as you did with your old Spiriva® HandiHaler®.

Q) Do I keep reusing the Zonda® inhaler like I used to with the HandiHaler®?
No, each medication box of Braltus® Zonda® dispensed by your pharmacy will contain a new inhaler and inhalation capsules.

Q) Braltus® Zonda® has a dose of 10mcg printed on its box, while Spiriva® HandiHaler® has a dose of 18mcg. Is my dose being reduced?
No, your dose is not being reduced. Both inhalers have a pre-delivered dose and a delivered dose. A pre-delivered dose is the amount of medication which is ready for supply from the inhaler, whilst the delivered dose is the amount of medication which will actually leave from the mouthpiece of the inhaler when you inhale from it.

- Braltus® Zonda® has a pre-delivered dose of 13mcg tiotropium and a delivered dose of 10mcg tiotropium
- Spiriva® HandiHaler® has a pre-delivered dose of 18mcg tiotropium and a delivered dose of 10mcg tiotropium

Both inhalers have undergone scientific tests, in line with UK standards, and have shown to have the same delivered dose of medication.

Q) What should I do with my old Spiriva® HandiHaler® and refill capsules?
Continue using any old medication until it has finished. Remember that the inhalation capsules of Spiriva® can only be used in the HandiHaler®. Only the Braltus® inhalation capsules can be used in the Zonda® device.

Q) Are there any special storage requirements with Braltus® Zonda®?
The Braltus® inhalation capsules come in a bottle (instead of a blister pack) containing 30 capsules which expire 60 days after it has been opened. The capsules should be kept tightly closed in this bottle and stored under 25°C (but not in the refrigerator or freezer).

Q) Why am I being changed to a new inhaler?
Important changes have to be made to ensure the NHS is making use of medicines which are better value for money. This allows savings to be reinvested back into the NHS for other treatments. Your doctor will only change you from Spiriva® HandiHaler® to Braltus® Zonda® in line with guidance.

BEFORE USING, PLEASE READ THE PATIENT INFORMATION LEAFLET OF BRALTUS® ZONDA®. ONCE STARTED, ANY CHANGES IN YOUR SYMPTOMS SHOULD BE REPORTED TO YOUR DOCTOR, NURSE OR PHARMACIST.